

10 things to screen before any skin treatment

Peels · dermaplaning · microneedling · devices

Swipe →

General guidance, not medical advice. Follow your state board, manufacturer protocols and the client's physician.

Why it matters

One missed question can turn a routine facial into a reaction. Ask before the client sits down — not at the chair.

General guidance, not medical advice. Follow your state board, manufacturer protocols and the client's physician.

01

Isotretinoin (Accutane)

Used in the past 6 months? Many protocols postpone peels, waxing and resurfacing.

General guidance, not medical advice. Follow your state board, manufacturer protocols and the client's physician.

02

Topical retinoids

Tretinoin, adapalene or retinol in the past week? Skin is more fragile than it looks.

General guidance, not medical advice. Follow your state board, manufacturer protocols and the client's physician.

03

Pregnancy or breastfeeding

Some acids and devices are avoided. Ask for the client's doctor's clearance.

General guidance, not medical advice. Follow your state board, manufacturer protocols and the client's physician.

04

Cold sores

Active outbreak: reschedule. A history: the client should mention it to their doctor before a peel.

General guidance, not medical advice. Follow your state board, manufacturer protocols and the client's physician.

05

Sunburn or recent tanning

Postpone until the skin has fully recovered.

General guidance, not medical advice. Follow your state board, manufacturer protocols and the client's physician.

06

Recent treatments

Waxing, laser, injectables or a peel in the same area in the past few weeks?

General guidance, not medical advice. Follow your state board, manufacturer protocols and the client's physician.

07

Blood thinners & keloids

Higher risk of bruising, bleeding or raised scars with dermaplaning and microneedling.

General guidance, not medical advice. Follow your state board, manufacturer protocols and the client's physician.

08

Autoimmune conditions & diabetes

Healing can be slower. Ask for clearance before advanced treatments.

General guidance, not medical advice. Follow your state board, manufacturer protocols and the client's physician.

09–10

Devices

Pacemaker or metal implants (microcurrent, RF). Epilepsy or light sensitivity (LED).

General guidance, not medical advice. Follow your state board, manufacturer protocols and the client's physician.

Put all 10 into your intake form

Clients answer on their phone before they arrive — signed and in their record.

glowforms.com/estheticians

General guidance, not medical advice. Follow your state board, manufacturer protocols and the client's physician.